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# SSBC Bulletin

January 2024

*Happy New Year*

SSBC begins 2024 with the arrival of new team members. Well, one “old” and one “new”.



John LeRoy, RN, has accepted the permanent position of Provincial Clinical Initiatives and Innovation Lead, which he previously held in a temporary role. He joined us in Sept 2023 and very quickly showed us how he combines his imaginative and encouraging personality with strong clinical knowledge to create supportive atmospheres both in the office and in the direct one-to-one work SSBC has been doing with stroke unit teams across the province.



Sandy Steinwender, MScOT, has joined SSBC to also be a Provincial Clinical Initiatives and Innovation Lead to complete the temporary maternity coverage position. She will begin with SSBC on January 15th. She has recently moved to Metro Vancouver from Ontario where she was the Regional Prevention Coordinator with Stroke Network Southern Ontario. An experienced clinician with a special interest in global health, health equity and equality, integrated knowledge translation and mobilization, she is presently a PhD candidate in Health Information Science.

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# SSBC Enhancing Stroke Unit Care January Education Session



Please join in for our free monthly education sessions coordinated by SSBC's Clinical Nurse Specialist, Alison de Wit.

**January Topic: Advanced Care Planning & Goals of Care**  
**Featuring: Monica Kelly, Lead Palliative Approach to Care**  
Date: January 17, 2024  
Time: 8:15am - 9:00am  
Location: Online (Teams)

Email [Alexis Chicoine](mailto:Alexis.Chicoine) if you are interested.

You will receive a calendar invite each month, which you can reply to based on your availability. The sessions are recorded for later viewing as well.

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## Health Quality BC Upcoming Education



### **Quality Café: Patient-Centered Rehabilitation in the ICU**

Date: January 17, 2024  
Time: 12:00pm – 1:00pm  
Location: Online (Zoom)

Learning objectives:

- Recognize how patient involvement, communication, coordinated care and inter-professional collaboration were applied in a quality improvement activity to achieve patient/person-centered care.

- Identify strategies to implement person-centered care in quality improvement activities at the unit level.

## **Workshop: Data-Driven Improvement**

Date: January 25, 2024

Time: 9:00am - 4:00pm

Cost: \$199.50

Location: Health Quality BC, 201-750 Pender St W, Vancouver, BC

Description:

- Measurement and the effective use of data are cornerstones of any improvement effort, from incremental changes to radical transformations, but it can be difficult to know where to begin.
- The workshop will explore how data can be used to drive the improvements we wish to see – setting up measurement systems that work, analyzing data to uncover new insights and monitoring improvements over time.

To register check out HQBC's [Events Calendar](#).

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## **BC Stroke Network Webinar**

### **Cryoneurotomy for Spasticity**

**Topic: "Cryoneurolysis for Spasticity, treating spasticity at -88C"**

Date: January 18, 2024

Time: 12:00pm

Speaker: Dr. Paul Winston

Description:

- Dr Paul Winston is a Clinical Associate Professor with the University of British Columbia based in Victoria. He is a full-time clinician who conducts research on Spasticity management and complex regional pain syndrome. He received an AAP Best Paper Faculty Award in 2022, the ISPRM Haim Ring award for educational innovation for the Canadian Advances in Neuro-orthopedics Consortium, and the CAPMR Award of Merit in 2021.
- Dr Winston will share his novel approach to treating patients with spasticity through a mini-invasive percutaneous procedure developed in Victoria by his team.

Zoom Details: [Meeting link](#),

Meeting ID: 615 5262 6280

Passcode: 163219

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## Congratulations to March of Dimes Canada



[March of Dimes Canada](#) announced some great news for stroke survivors across Canada. The organization has received a \$1.1 million federal investment for the After Stroke program, courtesy of the Government of Canada's Age Well at Home Initiative fund.

- This new funding will help provide valuable peer support to more stroke survivors across the country – creating more support groups and fostering more community connections to address the social challenges faced by stroke survivors.

### **Upcoming Ask An Expert Webinar: Transitions in Care Post Stroke**

Date: January 29, 2024

Further details still to be posted.

To view previous Ask An Expert sessions click on the links below to access the video libraries:

[After Stroke BC Ask An Expert Playlist](#)

[MODC Ask An Expert Playlist](#)

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## Research Study Looking for Health Care Professionals & Administrators too!



# PARTICIPANTS NEEDED!



**A QUALITATIVE STUDY OF PERSON AND FAMILY CENTERED CARE ACROSS THE STROKE CARE CONTINUUM**



We are looking for **people who have experienced a stroke, family caregivers, & health care professionals and administrators** to explore your preferences for family centered care across the care journey.



## Who can participate?

- 18 years or older
- Person who has had a stroke is at least 6 months since time of stroke
- Family member assisting with at least 1 activity per week
- Health care professional from acute, rehabilitation or community care

## What is involved?

- Demographic data form
- A one hour virtual or phone call interview discussing:
  - patient care plans
  - family healthcare collaboration
  - procedures and policies
  - educational needs
  - strategies for better care across the care journey

To participate in this research study, contact us by email or phone  
**[caregiving.study@utoronto.ca](mailto:caregiving.study@utoronto.ca)**  
**416-978-5694**

This research was partially supported by a trainee award from the Rehabilitation Science Research Network for COVID within the Temerty Faculty of Medicine, University of Toronto.



Version Date: October 6th, 2023



TEMERTY FACULTY OF MEDICINE  
UNIVERSITY OF TORONTO



To participate in the study contact the research team by [email](mailto:caregiving.study@utoronto.ca) or by phone @ 416-978-5694 .

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## What is new in stroke research?



### [Dual Antiplatelet Treatment up to 72 Hours after Ischemic Stroke](#)

Dual antiplatelet therapy (DAPT) with clopidogrel-aspirin given within 72 hours of a mild ischemic stroke or a high-risk transient ischemic attack (TIA) shows a greater risk reduction for new stroke than aspirin alone, although with a higher bleeding risk.

### [Subhairline EEG: Potential for LVO Stroke Detection Unlocked](#)

Subhairline electroencephalography (EEG) accurately detected anterior circulation large vessel occlusion (LVO-a) stroke in patients presenting to the emergency department (ED) with a suspected stroke.



Our mailing address is:  
Suite 200 -1333 W Broadway,  
Vancouver, BC  
V6H 4C1

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