

Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health



Intubation Checklist for Suspect and Confirmed Cases of COVID-19

Safety of the health care team is paramount and during a pandemic, health care worker safety is prioritised over the patient. Effective communication is key.

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Intubation Goals

1. Minimise Aerosol Exposure:

- RSI (avoid BMV)
- Inflate Cuff Prior to Ventilation
- Clamp ETT Before Circuit Disconnection

2. Minimise Waste:

· Rationalise Kit

Equipment

Intubation Bag:

- ETT (EVAC) w/ Stylet
- · Syringe & Gel
- · Videolaryngoscope + Blade
- · Anchorfast or Tie
- ETT Clamp
- Flex-Tube
- In-Line Suction

Drugs:

- Ketamine 200mg
- Rocuronium 200mg
- · Phenylephine 100mcg/ml
 - 2 syringes
- Propofol infusion
- Norepinepherine Infusion
- Additional drugs available on request

Crash Bag:

- Bougie
- ETT 6.5, 7.0, 7.5, 8.0
- Alternate VL Blades
- X Mcgrath Blade
- LMA 3 & 4 & 5
- DL MAC 3 & 4
- Cricothyroidotomy Set
- ACLS Drug Box + Defibrillator

Anteroom Bag:

Plan B Kit (Assembled during brief from Crash Bag)

Team Brief (Lead by Anesthesia)

- 1. Team Introduction & Assign Roles
- 2. Patient Allergies/Consent/Code Status
- 3. Empty Pocket Check
- 4. Review Intubation Plan & Prepare Kit
 - Plan A/B/C
 - · RSI Sequence & Drug Dosing Recommend 1-2mg/kg Ketamine, 1.5 mg/kg Rocuronium
 - Prepare Intubation Bag & Drugs
 - Prepare Anteroom Bag from Crash Bag
 - Surgeon notified if Necessary for FONA
 - · Review Communication Prompts

- 5. Room Check
 - · Ambu-Bag /OPA/HEPA Filter
 - Capnography
 - · Suction + Yankauer
 - > 2 IV Pumps
 - IV Access
 - · Ventilator + Closed Suction
 - Plastic Drape
- 6. Cardiac Arrest: AIRWAY THEN **COMPRESSION!**

Team Roles:

Intubator/Room Lead **ANESTHESIOLOGIST**

Drug Administration

RN

Airway Assistant

Anteroom Runner (PPE ON) RT or RN

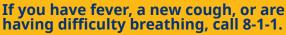
Second RN (External, Observer/Chart)

Second Intubator

Intensivist (External)











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Before Room Entry

- Collect Intubation Bag & Drugs
- Collect Anteroom Bag
- · Collect Additional Discussed Equipment +/- CVC, Arterial Line
- DON PPE
- · Buddy Check

Pre-Intubation

Ready Intubation Equipment

- · Videolaryngoscope & Blade
- ETT w/ Stylet & Syringe
- Anchorfast
- Suction
- Ventilator + Closed Suction + Capnography
- · Ambu-Bag (No PEEP Valve) + HEPA + Mask + OPA
- Clamp
- Ventilator preset on stand-by

Check Patient

- Position
- Monitors
- IV Access
- · Prepare Infusions

Check Patient

- Review Intubation Plan
- · Address Concerns
- · Reinforce Key Points to Minimize Exposure:
 - Avoid BMV if possible
 - Tolerance of Hypoxemia
 - · Clamp ETT for Circuit Disconnect

Intubation

PRE-OXYGENATE 3-5 MIN W/ AMBU-BAG

RSI

TIME 60S + DRAPE

PLAN A

End

FAIL (Alert if Sats < 80%)

CALL FOR ANTEROOM BAG +/- SECOND INTUBATOR +/- EXTERNAL CRASH BAG

PLAN B

PLAN C

- Wash Exposed Areas
- · Hot Debrief; Critical Points
- · Restock and Clean Kit

Post-Intubation

Success

- · Inflate Cuff
- Attach to Closed Suction + HEPA + Capnography + Ventilator Circuit
- Confirm ETC02
- Secure Tube
- · Initiate Sedation Infusion
- Initiate Ventilation Strategy
- Insert NGT

Before Exit

- · Ensure Patient Stability
- · Discard Disposables
- RT Clean videolaryngoscope then hand off to Anteroom for second clean
- · DOFF PPE with Observer





