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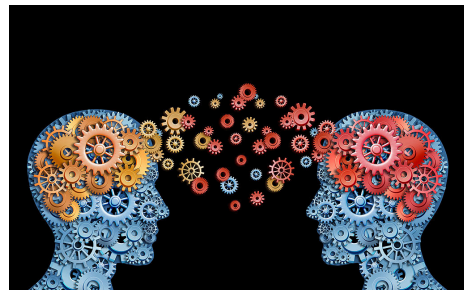
SSBC Stroke Education

AlphaFIM

**Strategies, Tips & Resources to Support Administration,
Use and Management**

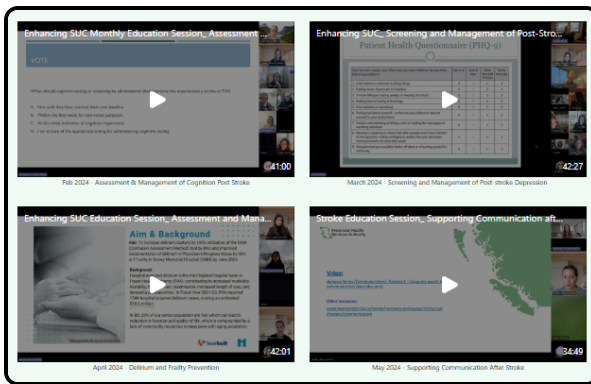
Join us for a knowledge and information sharing session to hear how your colleagues from different Health Authorities handle the AlphaFIM.

- Online Webinar
- Date: February 26, 2025
- Time: 12:15pm - 1pm



[Register](#)

SSBC Education Videos



Stroke Services BC (SSBC) facilitates monthly education sessions aimed at fostering a robust community of practice among healthcare professionals dedicated to improving stroke unit care across BC. Our mission is to provide you with continuous learning opportunities, collaborative discussions, and valuable resources to support your journey towards enhancing stroke unit care for your patients and their families.

[Access Videos](#)

Each session has been recorded and is available for viewing.

Updated Canadian Stroke Best Practice



New release from the Canadian Stroke Best Practice Recommendations: Vascular Cognitive Impairment, 7th Edition, 2024.

Vascular Cognitive Impairment can be a devastating condition for individuals, their families and caregivers, and there are often delays in recognition, diagnosis and treatment. The new CSBPR Vascular Cognitive Impairment (VCI) module provides guidance to healthcare providers working across the continuum of care, who are caring for adult individuals who present to the healthcare system with VCI signs and symptoms.

[Read More](#)

Sexual Health Rehabilitation Micro-Credentialing

BCIT's School of Health Science's brand-new Sexual Health Rehabilitation micro-credential is one of a kind in Canada.

- 2-course, 6-credit part time program
- Each course will take up to 12 weeks to complete, with an average of 3-4 hours of work per week
- Online, asynchronous, distance format with optional opportunities to connect virtually as a class.

This micro-credential is for healthcare professionals with a diploma or degree in a health profession or discipline (or enrolled in such a program) and may include:

- Registered Nurses
- Licensed Practical Nurses
- Nurse Practitioners
- Midwives
- Medical interns or residents
- Physicians
- Kinesiologists
- Massage therapists
- Occupational therapists
- Physiotherapists
- Psychologists
- Social Workers

[Learn More](#)

Wear Red Canada Movement Challenge!



The banner features a central red heart icon with a white female symbol (♀) inside. To the left, the text reads "HER HEART MATTERS" and "WEAR RED CANADA • FEB 13". To the right, it says "ELLE NOUS TIENT À CŒUR" and "TLM EN ROUGE • 13 FÉVRIER". Below the heart, there are illustrations of people engaged in various physical activities: a man running on a treadmill, a woman on a stationary bike, a child jumping rope, a woman walking a dog, and a man and woman skiing. At the bottom, a red button with white text says "Register for the Wear Red Canada Movement Challenge!".

Anyone and everyone is welcome to get active and raise awareness for women's heart health.

When: Between February 13 and 28, 2025

What: Choose your favorite physical activity and support women's heart health!

Your Challenge, Your Way: Choose one of the four events:

- Distance Options: 5 km or 10 km*
- Time Options: 30 minutes or 60 minutes of movement*

Where: Anywhere you like! Whether it's outdoors, indoors, at the gym, in the pool, or in your living room - every step or stretch counts!

[Sign Up](#)



Pre-Forum Sessions

—
March 11, 2025



**The Future of Change:
Creating Context &
Strategies for Improvement**
*In Partnership with
Healthcare Excellence
Canada*
Featured Speaker:
Helen Bevan, NHS

March 11 | 0830 - 1700



**Walking Together:
Strengthening the
Indigenous Health
Workforce Through
Connection, Reflection and
Cultural Inclusion**

March 11 | 0830 - 1700



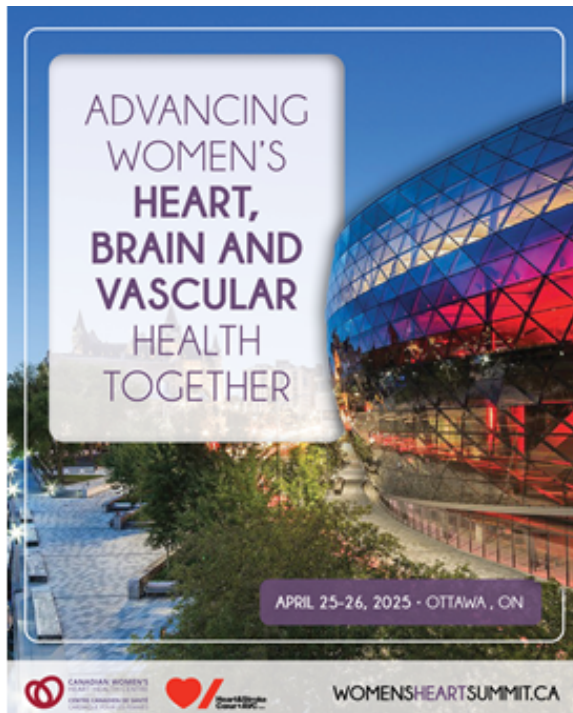
**Métis 101: Ta Saantii Métis-
Specific Cultural Wellness
Education for Health Care
Professionals**
*Offsite Field Trip with Métis
Nation BC & Amelia Douglas
Institute*

March 11 | 0830 - 1700

This year, an inspiring selection of Pre-Forum sessions on are planned, to whet one's appetite for the Main Forum. Check them out.

[Program Guide](#)

Canadian Women's Heart Health Summit



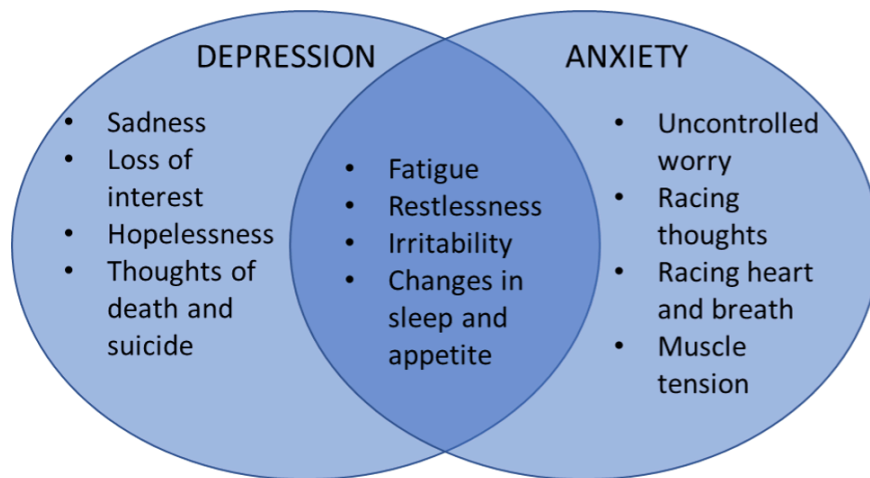
Early bird rates now available!

Nominations are now open for the following 2025 awards for Canadian Women's Heart, Brain, and Vascular Health:

- Advocacy Award
- Investigator Award (Mid-Career and Early-Career)
- Trainee Award

[Learn More](#)

Depression & Anxiety Post-Stroke



Post-stroke depression (PSD) and post-stroke anxiety (PSA) are among the most common complications of stroke, affecting 1 in 3 and about 1 in 4 survivors, respectively. These disorders are associated with higher mortality rates, often obscuring the path to recovery.

Check out the following article to learn more about:

- What's the prevalence and who's at risk
- What causes PSD and PSA
- Studies providing data on what works for PSD & PSA

[Read Article](#)

Medscape's Fast Five Quiz: Difficult-to-Diagnose Strokes



“Difficult-to-diagnose” strokes often masquerade as benign conditions or even non-neurologic events, presenting with atypical symptoms that defy conventional patterns.

Check your knowledge with this quick quiz.

[Quiz](#)



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